



HUMAN SERVICES PROGRAM

CURRENT STUDENT SPOT LIGHT:

KATRINA PEARSEY

Katrina Pearsey is a current Human Service major here at GHC. This fall she plans on finishing up classes here and moving forward by working on her Baccalaureate degree in Emergency Management with a minor in Homeland Security at Jacksonville State University in Alabama. Katrina is involved with many things here at the school and in the community. She is a member of the Human Service club, Psi Beta, CERT, and Emerging Leaders Program, as well as being a mother of two children ages 8 and 15. Needless to say, with all of

these extracurricular activities going on, and being a dedicated mother and wife, she really has her hands full.

Katrina Pearsey is one of those extraordinary people. She is a mover and shaker and isn't afraid to go that extra mile that it takes sometimes to achieve one's goals. There are times that most people don't know how to take her because she speaks her mind and isn't afraid to stand up for what she believes in. It is this type of strong conviction that makes her an exemplary leader. There are no false pretenses and you

know exactly where you stand with her. I think this is what sets her apart from everyone else.

It is because of this dedication why she was picked to be spotlighted.



"Our lives are not determined by what happens to us but by how we react to what happens, not by what life brings to us, but by the attitude we bring to life. A positive attitude causes a chain reaction of positive thoughts, events, and outcomes. It is a catalyst, a spark that creates extraordinary results."

Anonymous

GRADUATE SPOT LIGHT:

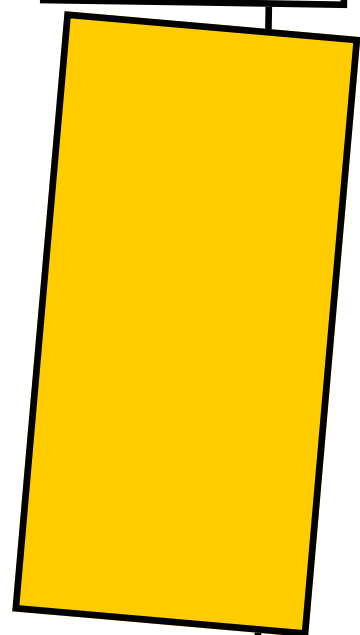
COURTNEY CLAY

Courtney Clay, a May 2007 graduate of the Human Services program at Georgia Highlands College, began work at her first job the week before her graduation. She was hired as Director of Admissions and Marketing for SunBridge Retirement and Rehabilitation for Seven Hills in Rome. Though her job has many responsibilities, her main goals are to meet the customer development objectives of the facility, to direct the admission process and

supervise the overall operation of the Admissions Department in accordance with current federal, state, and local standards, guidelines and regulations, as well as those established by SunBridge Corporation.

Courtney does enjoy the frequent interaction she has with residents inside the facility, and also those potential new residents that she

Continued on page 2



Courtney Clay continued:

visits in the hospitals. By having a degree in Human Services, Courtney is able to better communicate with those patients in a hospital setting to help them work through any fears or concerns they have with nursing home placement. Many times, she encounters challenges. For example, there are many adults with disabilities who's needs have changed, and their elderly parents can not longer care for them. These are unique situations where parents who have cared for their child for much of their lives can

have a hard time releasing care to nursing staff in a facility such as SunBridge. However, because of Courtney's instruction that she received in the Human Service program, most specifically the Group Process class, she is able open lines of communication and gain the trust of the people who are concerned about nursing home placement, whether it be for themselves, their parents, or their own adult children. Picture: Mauricio, a Patient, and Courtney



WHAT WE HAVE DONE...

- * In December, we sponsored a booth that served "Brain food" for our students here at GHC taking finals that last week of school.
- * The club also took the time to make toboggans to donate to the Harbin Oncology Clinic, in Rome. Cindy, RN for the clinic, really appreciated the sentiment to

WHAT ARE WE DOING NOW?

Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.
Margaret Mead

take the time and effort to make these gifts and welcomes more if anyone would like to donate a toboggan/beanie or wig.

- * Feb. 13: Bake Sale
- * Feb. 27: Hot dog/chili dog sale

Agency Spot Light: SunBridge Retirement and Rehabilitation for Seven Hills

SunBridge for Seven Hills is a skilled nursing facility located in the southern region of Floyd County and has been in business for over 60 years. Seven Hills offers in-patient short-term and long-term rehabilitation in all dimensions: Occupational, Physical and Speech therapies. The facility

also boasts a wonderful Activities department, with daily activities to stimulate the mind, body and spirit of the residents who call Seven Hills home. Seven Hills loves to see new faces, so if you are interested in volunteering your time, please give us a call or stop by for a visit!

Sunbridge Retirement and Rehabilitation for Seven Hills #1783
809 South Broad Street
Rome, GA 30161
706-235-1337

Advisor's Corner:

Susan Claxton

I have been the Coordinator for the Human Services Program for approximately eight years. I think that students and the community benefit from positive communication and networking. This is our first newsletter that will help to broaden our base as well as provide a positive medium for networking with students, agencies, the Human Services Program and Georgia Highlands College. I am very excited about the opportunity to be a part of this wonderful initiative. The Human Services is a two-year career program at Georgia Highlands College.

It facilitates the learning process for students in the application of helping skills, group process, critical thinking, as well as theoretical practices in behavior analysis, theories of personality, abnormal psychology, and death, dying, and grieving. Most courses are conducted once a year so it is important for students of the Human Services Program and potential students to seek advisement before registration.

For more information please contact: Susan Claxton, Human Services Program Coordinator at 706 368 7618 or sclaxton@highlands.edu.



Our Goals: Words from the Human Service Club President: Kelly Kuykendall

It is my pleasure to announce that the Human Service Club has started The Felicia Claxton Scholarship. We are still in the beginning stages with getting this set up and we will be doing a lot of fundraisers to get it started. We decided on the name "Felicia Claxton Scholarship" in honor of our Professor's daughter, Felicia, whom passed away in November 1999. We wanted to be able to offer a lasting legacy to a fellow "helper" and show our dedication to Professor Susan Claxton. Our first goal is to raise \$10,000 to begin the actual scholarship and then the next step will be getting it to \$40,000 to reach perpetuity. We want to be able to help some of the Human Service majors with tuition and books. For those interested in donating items or a monetary gift, please send an e-mail to the club's new e-mail address: onestarfishatatime@yahoo.com. We will be giving receipts. The club is also setting up a new website that will be linked to Mrs. Claxton's website through Georgia Highlands. This website will have the newsletter, club info, calendar of events for the club and contact information. As

Microsoft Publisher includes thousands

soon as it is up and running I will send out an e-mail to everyone announcing it. We will add to it as we get it more organized.

We are also thrilled to see this newsletter come to fruition and if there is any modifications that we can do, please send us an e-mail and offer your suggestions as to what we can do to make this better. Please keep in mind that this is the first newsletter for the program and I am new at this also but I am willing to make any alterations to the formatting or content to make this continue to happen.

This is a picture of the beautiful Felicia Claxton. I wanted to put a face with the name to show whom it is exactly that the Human Service Club and all those that will be supporting us will be honoring.



Georgia Highlands College

3175 Cedartown Hwy., SE
Rome, GA 30161
1-800-332-6619
706-295-6619 (Fax)

Professor Susan Claxton
Phone: 706-368-7618
Email:
sclaxton@highlands.edu

Human Service Club
E-Mail:
Onestarfishatime@yahoo.com

Making a difference
one starfish at a time!



Human Services Club

In this period of scarce resources, community agencies face unparalleled challenges in meeting existing needs. The Human Services Program/Club works to build collaborative relationships among public and private community organizations in order to help build, shape, and strengthen relationships between Georgia Highlands and the communities within their service area.

"Avoiding the phrase *"I don't have time..."*, will soon help you to realize that you do have the time needed for just about anything you choose to accomplish in life." Bo Bennett

Human Service Advising Information

To all Human Service majors and those thinking of joining the Human Service program:

Be advised that these classes are only offered in the **Fall**: SOCI 1110 Intro to Social Services; HMSV 1120 Interpersonal Communication and Helping Skills; and PSYCH 2140 Principles of Behavior Analysis.

These classes are only offered in the **Spring**: SOCI 1160 Social Problems; SOCI 2145 Death and Dying; SOCI 2130 Group Process; and PSYCH 2128 Theories of Personality.

I would suggest that everyone contact Mrs. Claxton to set up an appointment to go over your schedule as soon as

possible to avoid any confusion with which classes are offered when.

Also, HMSV 2160 Field Work Practicum I must be taken after you have taken PSYCH 1120 during your last two semesters.

Human Service Core classes are not taught in the Summer

***If you would like to see your Agency spotlighted, please send a brief statement describing your agency and the clients you serve. Also include what volunteer opportunities are available, contact information, and e-mail address.

How do I change?

If I feel depressed I will sing.
If I feel sad I will laugh.
If I feel ill I will double my labour.
If I feel fear I will plunge ahead.
If I feel inferior I will wear new garments.
If I feel uncertain I will raise my voice.
If I feel poverty I will think of wealth to come.
If I feel incompetent I will think of past success.
If I feel insignificant I will remember my goals.
Today I will be the master of my emotions.

-Og Mandino